

COVID-19 PARENT RESOURCE GUIDE

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[A Message for Kids about Coronavirus](#)

BIBLE/DEVOTIONALS:

[Seeds Family Worship: Twenty Verses in 2020](#)

[The Bible App for Kids Videos + Activities](#)

[Minno Kids](#)

[High Voltage Ministries](#)

[Adventures in Odyssey](#)

EXERCISE/MOVEMENT:

[Fit Factor Kids Exercise](#)

[Kids 20 Minute Workout – The Last Jump – 20 Online](#)

[Fitness Blender Kids Workout – 25 Minute Fun Workout for Kids at Home](#)

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[Brain Breaks – Action Songs for Children – Move and Freeze – Kids](#)

[Kids 20 Minute Workout – Playful Poses – 20 Online.](#)

[Fluency & Fitness \(K-2\)](#)

SPECIAL NEEDS:

[Easter Seals Autism Toolkit](#)

[Chrome Extensions for Struggling Students and Special Needs](#)

SIGHT WORDS/ENGLISH, READING & MATH:

[Cookie Sheet Activities \(Sight word + Math\)](#)

[Sight Word Soccer](#)

[Storyline Online - Stars Read Books](#)

[Readworks \(All grades\)](#)

[Dreamscape](#) (Reading 2-8)

[Kahn Academy](#) (K-12)

[Arcademics](#) (Math Games)

[Cool Math](#) (K-6th)

[Enhancing Math & Language Arts](#) (Pre-K-2)

[Project Gutenberg](#) (Extensive Online Library - all ages)

[Storyline Online - Stars Read Books](#) (Elementary)

[Zinc Learning Labs](#) (6th-12th, Language Arts)

[Free Access to the New York Public Library](#)

FUN/ART:

[PLAYDOUGH RECIPE](#)

[Outdoor Name Art Activity](#)

[Virtual Disney Rides](#)

[30+ Virtual Field Trips with Links](#)

[Storytime with Josh Gad](#)

[Astronauts Reading From Space](#)

[Doodle Together with Mo Willems](#)

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STEM/SCIENCE:

[PLASTIC EASTER EGG TOWERS STEM CHALLENGE](#)

[SPRING STEM ACTIVITIES FOR KIDS](#)

[Free, Easy Science for Remote Learning](#)

[Everyday Earth](#)

[Science Friday - Science Podcasts](#) (Elementary-High)

[Wonderopolis](#)

[NASA Image & Video Library](#)

BABY/TODDLER:

[Sensory Bin + Tons More](#)

[Outdoor Name Art Activity](#)

WEBSITES/FREE RESOURCES:

[45+ Free Educational Websites](#)

[150+ Enrichment Activities for Children While Parents are Working Remotely](#) (spreadsheet)

[101+ Ideas To Keep Your Kids Busy During Coronavirus Closures](#)

[Scholastic Kids FREE](#)

[Amazing Educational Resources](#) This is a massive list of educational resources!

[EDHelper: Free Resources While School is Closed](#)

[BrainPop](#) - Free While School is Closed

[Discovery](#) (K-12)

[Everyday Learning](#) (Pre-K-3)

[PBS Kids](#) (Pre-K)

GIANT LIST OF IDEAS FOR BEING HOME WITH KIDS

(for actual quarantine, school closures, weekend social distancing, anytime!)

Thanks to the [Princess Awesome & Boy Wonder](#) Community for the amazing suggestions!!

[50+ Cheap, FUN indoor activities for kids](#)

[Blessing Bags Keep on Hand for those in Need or Donate](#)

Other ideas:

- Have each kid pick a topic they'd like to learn about and spend 30 mins each day exploring that topic.
- Spend one day reading every single picture book you have in the house.
- Go through all the old mail laying around (ok, that one's not for kids although they do enjoy helping tear stuff up).
- Bake something every day.
- Have each kid write a letter and/or emails to a different friend or family member each day.
- Use all of your building toys on one giant structure.
- Wash your hands!!!!
- Races of various kinds in the backyard (hopping on one foot, crabwalk, walking backward, etc.).
- Try stop-motion animation with playdough.
- Facetime grandparents a lot.
- Inventory the plants & wildlife (from bugs on up) in your yard.
- Learn the parts of plants/flowers & how they function (bonus if they learn the Latin names).
- If you aren't too squeamish & have a spare clear shoebox-size tote or 5-10 gallon tank, catch some pillbugs (rolly pollies, sowbugs) & observe them.
- Write a short story & illustrate it.
- Learn how to do simple bookbinding.
- Make paper (from your old mail!).
- Have the kids help with yard work in between playing games outside.
- [GoNoodle!](#) Great for guided movement, relaxation, etc.
- Board games, card games.
- Legos.
- Lots of reading.
- Working on learning to sew using stuff you have on hand.
- Card making/scrapbooking projects.
- Getting the garden ready if you're planning on gardening this year.
- Make tents and reading caves :) flashlights, tidy snacks, books, and pillows!
- Have a shadow show in the reading tent.
- Get binoculars and learn about the birds near your house, look them up on google and search for their birdcalls on YouTube.
- Learn how to make a stuffed animal.
- Play with cornstarch and water and cheap action figures.
- Many educational websites are waving fees if your student's school is closed.
 - [Here's a list of all of them](#) that are waving fees.
- Collect a bunch of tape markers and cardboard boxes. That'll keep them busy for a day or two.
- Watch all the handwashing videos & vote on your favorite. Discuss why each was good, helpful, funny. The Holderness parody one is hilarious, the Vietnam Tiktok one is great choreography, some have good songs, etc.

- Also, pick your favorite song with a 20-second refrain or verse perfect for handwashing length of time.
- Family puzzles. Ones that are 500-1000 pieces and a challenging but not a frustrating picture.
- Team up and really clean and organize each kid's space, making a donation box for each. Parents are included.
- Have a board game day.
- Kids can also make their own games! Board games, card games, you name it!
- Write a story cooperatively. One person picks a character and the other picks a setting and then go gangbusters together.
- Any and all art is fun at home: beading, painting, drawing, playdough or kinetic sand, sewing, etc.
- Massive board game tournament with all the (mostly forgotten) board games you own!
- If your school is going on #quarantine and running #schoolonline, get [#GlobalKids for the special price of just \\$10.98](#). Take a screen-free, curiosity + creativity boosting, global empathy + engagement trip around the world, from the comfort of your home.
- Zumba or Dance-along videos on YouTube.
- Draw self-portraits on blank faces.
- Color-code different interesting places on a map.
- Do scavenger hunts, indoor treasure hunts where they follow clues through the house to a "treasure" at the end (could be candy, a movie, whatever), and a lot of charades.
- Make a dollhouse. Use cardboard boxes and go to work. The closets and couch are cardboard as well.
- There are a few easy "kitchen chemistry" type science experiments that are easy to do, like making slime, baking soda and vinegar reaction, etc.
- Put food coloring under the baking soda in a mini muffin pan and use a Pipette to drop vinegar in and then you can see the color!
- Wash and clean out the car.
- Play with sidewalk chalk outside.
- Glow stick party.
- Popcorn + movie marathon.
- Listen to kid podcasts (ie. story pirates and smash boom).
- Declutter toys!
- Have an Olympics with a bunch of events competitions - funny ones, helpful ones like cleaning and really fun ones like a minute to win in style.
- Learn new card games.
- Dig up all the activity books, presents, etc that never got played with, and use those!
- There's always time tested building a tent in the house with blankets and chairs. Great for just before nap time.
- Bust out your hiking gear and try new hiking paths. As long as you stay away from overpopulated areas you will naturally stay a safe distance from others and sick people generally don't hike!

- Do a study on planets, then have the kids create their own planets- how big is it, where in the universe is it located, atmosphere conditions, can it sustain life, how long is a day/year, name it, etc.
 - you could even spread the planets out around the house to show "approx." distance from each other.
 - [Watch this](#) to learn about relative distance.
- Design a new spacecraft, draw plans, then create out of legos or household items. Spend some time pretending you're on different planets with different gravity, you could seriously spend a whole week on just fun space activities.
 - But that's not limited to space- these ideas would work for animals, geography, body systems, historical events/time periods, etc. Beyond that, do some fun physics experiments like making a bridge out of straws, egg drop protectors, paper airplanes, etc.
- [PuppetMaster](#): an app where you can animate anything from a drawing to a stuffed animal.
- Puzzle races: put several puzzles (20+ piece puzzles) in a paper bag and shake it up. Pour pieces out and give each person the puzzle box they are to put together. Go! (Cooperation tends to be a result as pieces are traded.)
- Dig through cabinets and figure out recipes for that thing you got at the grocery store and thought "this is interesting surely it can be used for something!" And then make it!
- Water play.
- Make ice cream.
- Make and play with Playdough.
- Let them "paint the fence" with washable paints outside.